



Medicare Enhance Preventive Services Covered By Medicare

Medicare covers many preventive services to help you stay healthy. No copayment will be required for Medicare covered preventive tests and services that you receive from providers. Medicare covered preventive tests and services include the following:

- Abdominal aortic aneurysm screening
- Alcohol misuse screening and counseling
- Bone mass measurement (bone density)
- Breast cancer screening (mammogram)
- Cardiovascular disease (behavioral therapy)
- Cardiovascular disease screenings
- Cervical and vaginal cancer screening
- Colorectal cancer screenings, including
 - Fecal occult blood test
 - Flexible sigmoidoscopy
 - Colonoscopy
 - Barium enema
- Depression screening
- Diabetes screenings
- Diabetes self-management training
- Flu shots
- Glaucoma tests
- Hepatitis B shots
- Hepatitis C screenings tests
- HIV screening
- Medical nutrition therapy services
- Obesity screening and counseling
- Pap Test and Pelvic Exam (includes breast exam)
- Physical Exams, including
 - Onetime "Welcome to Medicare" physical exam
 - Yearly "Wellness" exam
- Pneumococcal shot
- Prostate cancer screenings
- Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease)

Medicare provides coverage for two types of physical exams. An initial onetime "Welcome to Medicare" physical exam is covered by Medicare during the first 12 months that you have Medicare Part B coverage. After you have been enrolled in Medicare Part B for one year, Medicare also covers a yearly "Wellness" exam by your physician to develop or update a personalized prevention plan. Your first yearly Wellness exam must take place at least 12 months after your Welcome to Medicare exam, if you had one.

For more information about Medicare covered preventive tests and services and to obtain a current list of covered services, please refer to the Medicare publication, *Medicare and You*.

Medicare Enhance is underwritten or administered by Harvard Pilgrim Health Care, Inc., an affiliate of Harvard Pilgrim Health Care.